

Aetna/Innovation Health - Your Plan at a Glance 2019

Summary of Medical Benefits

This chart summarizes the benefits available under the Aetna/ Innovation Health Preferred Provider Plan, Open POS II medical plan:

Plan Feature	In-Network You Pay	Out-of-Network You Pay
Annual Deductible		
Individual	\$250 per calendar year	\$500 per calendar year
Family	\$500 per calendar year	\$1,000 per calendar year
Out-of-Pocket Maximum (includes deductible, coinsurance copays)		
Individual	\$2,000 per calendar year	\$4,000 per calendar year
Family	\$4,000 per calendar year	\$8,000 per calendar year

Covered Services	In-Network* You Pay	Out-of-Network** You Pay
Preventive Care ***		
Routine Physical Exam (office visit) <ul style="list-style-type: none"> 1 exam per calendar year for adults and children age 18 and over 	Covered in full	40% coinsurance after you meet the deductible
Well Child Visits <ul style="list-style-type: none"> 1st 12 months: 7 exams 13-24 months: 3 exams 25-36 months: 3 exams 3-18 years: 1 exam per calendar year 	Covered in full	40% coinsurance after you meet the deductible
Preventive Screening and Counseling <ul style="list-style-type: none"> Obesity Counseling <ul style="list-style-type: none"> – up to age 22: unlimited visits – age 22 and over: up to 26 visits per calendar year (healthy diet counseling limited to 10 visits per year) 	Covered in full	40% coinsurance after you meet the deductible
<ul style="list-style-type: none"> Tobacco Use Preventive Counseling: up to 8 counseling sessions per calendar year 	Covered in full	40% coinsurance after you meet the deductible

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*** Please refer to <https://www.hhs.gov/healthcare/about-the-law/index.html#CoveredPreventiveServicesforAdults> for a full list of preventive services.

Covered Services	In-Network* You Pay	Out-of-Network** You Pay
Alcohol/Drug Abuse Counseling: up to 5 visits per calendar year <i>(Also see the Behavioral Health Care section for additional benefits)</i>	Covered in full	40% coinsurance after you meet the deductible
Female Contraceptive Counseling Contraceptive Counseling Services - Maximum Visits either in a group or individual setting *Important Note: Visits in excess of the Contraceptive Counseling Services Maximum as shown above, are covered under the Physician Services office visit section of the Schedule of Benefits.	Covered in full. 2* visits per 12 months	40% coinsurance after you meet the deductible 2* visits per 12 months
Contraceptive devices and injectables provided and billed by your physician <i>(includes insertion/administration)</i> <ul style="list-style-type: none"> • Generic devices/injectables and devices with no generic equivalent • Brand-name 	Covered in full \$20 copay after you meet the deductible	40% coinsurance after you meet the deductible 40% coinsurance after you meet the deductible
Routine Prostate Screening	Covered in full	40% coinsurance after you meet the deductible
Routine Colorectal Cancer Screening <i>(for those age 50 and over)</i> <ul style="list-style-type: none"> • sigmoidoscopy: 1 every 5 years • colonoscopy: 1 every 10 years 	Covered in full	40% coinsurance after you meet the deductible
Routine Annual Ob/Gyn Exam <i>(includes one Pap smear and related lab fees)</i> <ul style="list-style-type: none"> • 1 exam per calendar year 	Covered in full	40% coinsurance after you meet the deductible
Routine Mammogram	Covered in full	40% coinsurance after you meet the deductible
Routine Lung Cancer Screening <ul style="list-style-type: none"> • 1 screening per calendar year, beginning at age 55 	Covered in full	40% coinsurance after you meet the deductible

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Covered Services	In-Network* You Pay	Out-of-Network** You Pay
Vision and Hearing		
Routine Vision Exams	Covered by the Aetna Vision Preferred Plan. Refer to the Summary of Aetna Vision Preferred SM Benefits for more information	
Routine Hearing Exams	\$20 copay per visit after you meet the deductible	40% coinsurance after you meet the deductible
Hearing Aids <ul style="list-style-type: none"> Hearing aid evaluation Hearing aids <i>(covered only when needed as a result of accidental injury)</i> 	\$20 copay per visit after you meet the deductible If covered, 10% coinsurance after you meet the deductible	40% coinsurance after you meet the deductible If covered, 40% coinsurance after you meet the deductible
Outpatient Care		
Office Visit: Primary Care Physician	\$20 copay per visit after you meet the deductible	40% coinsurance after you meet the deductible
Office Visit: Specialist	\$20 copay per visit after you meet the deductible	40% coinsurance after you meet the deductible
Allergy Testing	\$20 copay per visit after you meet the deductible	40% coinsurance after you meet the deductible
Allergy Injections/Treatment <i>(including serum)</i>	\$20 copay per visit after you meet the deductible Covered in full after deductible for injections if no office visit is billed.	40% coinsurance after you meet the deductible
Outpatient Prescription Drugs <i>(non-self-injectable medications only)</i>	Drug: 10% coinsurance after you meet the deductible if shipped to home address. Covered in full after the deductible when medication is shipped for administration at your physician's office. Administration: \$20 copay per visit after you meet the deductible for injection in your physician's office.	Drug: These injectable drugs must be purchased through Aetna Specialty Pharmacy Administration: 40% coinsurance after you meet the deductible for injection in your physician's office.

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Family Planning and Maternity		
Maternity Care		
Routine prenatal and postnatal office visits,	Covered in full	40% coinsurance after you meet the deductible
Delivery	After you meet the deductible, \$150 per confinement copay, then 10% coinsurance	After you meet the deductible, you pay \$150 per confinement copay, then 40% coinsurance
Lactation Support Services <i>(services available during pregnancy or post-partum)</i> <ul style="list-style-type: none"> Up to 6* visits for lactation counseling services per 12 months <p>* Important Note: Additional visits are covered as physician's office visits, subject to the applicable deductible, coinsurance and/or copay</p>	Covered in full	40% coinsurance after you meet the deductible
Voluntary Sterilization <ul style="list-style-type: none"> physician's office outpatient facility 	<p>\$20 copay per visit after you meet the deductible (member deductible and copay waived for tubal ligation)</p> <p>10% coinsurance after you meet the deductible (member deductible and coinsurance waived for tubal ligation)</p>	<p>40% coinsurance after you meet the deductible</p> <p>40% coinsurance after you meet the deductible</p>

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<p>Infertility Services</p> <p>If eligible, covered services include:</p> <ul style="list-style-type: none"> • diagnosis and treatment of the underlying cause of infertility • advanced reproductive technologies • physician's office • outpatient facility <p>Note: Infertility services are subject to a \$100,000 lifetime maximum across all FCPS self-insured plans. Refer to Aetna's Clinical Policy Bulletin for more information on covered services.</p>	<p>\$20 copay per visit after you meet the deductible</p> <p>10% coinsurance after you meet the deductible</p>	<p>40% coinsurance after you meet the deductible</p> <p>40% coinsurance after you meet the deductible</p>
Hospital Care		
Inpatient Facility Copay	\$150 per confinement	\$150 per confinement
Inpatient Care <i>(room and board are covered up to the hospital's semi-private room rate; also includes physician services and anesthesiologist)</i>	After you meet the deductible, you pay \$150 per confinement copay, then 10% coinsurance	After you meet the deductible, you pay \$150 per confinement copay, then 40% coinsurance
Outpatient Care	10% coinsurance after you meet the deductible	40% coinsurance after you meet the deductible
Outpatient Surgery		
Outpatient Surgery		
<ul style="list-style-type: none"> • physician's office • outpatient facility or freestanding surgical center 	<p>\$20 copay per visit after you meet the deductible</p> <p>10% coinsurance after you meet the deductible</p>	<p>40% coinsurance after you meet the deductible</p> <p>40% coinsurance after you meet the deductible</p>

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Alternatives to Inpatient Hospital Care		
Skilled Nursing Facility Care <ul style="list-style-type: none"> • up to a maximum of 120 days per confinement • Inpatient rehabilitation up to a maximum of 90 days per confinement. Requires Utilization Management approval. 	After you meet the deductible, you pay \$150 per confinement copay, then 10% coinsurance. Copay waived if you transfer directly from covered inpatient care in another facility.	After you meet the deductible, you pay \$150 copay per confinement copay, then 40% coinsurance. Copay waived if you transfer directly from covered inpatient care in another facility.
Home Health Care <ul style="list-style-type: none"> • up to 90 visits per calendar year 	10% coinsurance after you meet the deductible	40% coinsurance after you meet the deductible
Private Duty Nursing <ul style="list-style-type: none"> • up to 360 8-hour shifts per calendar year 	10% coinsurance after you meet the deductible	40% coinsurance after you meet the deductible
Hospice Care	Inpatient: After you meet the deductible, you pay \$150 per confinement copay, then 10% coinsurance. Alternative settings: 10% coinsurance after you meet the deductible.	Inpatient: After you meet the deductible, you pay \$150 per confinement copay, then 40% coinsurance Alternative settings: 40% coinsurance after you meet the deductible
Emergency Care		
Emergency Room <ul style="list-style-type: none"> • emergency care • non-emergency care 	\$150 copay per visit, then 10% coinsurance for all services after you meet the deductible. Copay waived if admitted Not covered	\$150 copay per visit, then 10% coinsurance for all services after you meet the deductible. Copay waived if admitted Not covered
Urgent Care <ul style="list-style-type: none"> • Urgent Care Center 	10% coinsurance after you meet the deductible	10% coinsurance after you meet the deductible

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Covered Services	In-Network* You Pay	Out-of-Network** You Pay
Telemedicine (Teladoc)	\$20 copay per session after you meet the deductible	Covered through Teladoc only.
Walk-In Clinic	\$20 copay per visit after you meet the deductible	40% coinsurance after you meet the deductible
Ambulance <ul style="list-style-type: none"> • emergency use/medically necessary transport • non-clinical/not medically necessary use 	10% coinsurance after you meet the deductible Not covered	40% coinsurance after you meet the deductible Not covered
Other Covered Expenses		
Complex Imaging (includes MRI, PET scan, and CT scan)	\$75 copay after you meet the deductible	40% after you meet the deductible
Diagnostic X-Ray and Lab Tests <ul style="list-style-type: none"> • billed with physician's office visit • outpatient hospital or freestanding facility 	Included with office visit copayment (deductible applies) Covered in full after you meet the deductible	40% coinsurance after you meet the deductible 40% after you meet the deductible
Durable Medical Equipment	10% coinsurance after you meet the deductible	40% coinsurance after you meet the deductible
Short-Term Rehabilitation (physical, occupational, speech) Up to 90 visits per calendar year for physical therapy; up to 90 visits per year for occupational therapy; up to 90 visits per year for speech therapy. (Aetna will review periodically to determine appropriateness.)		
<ul style="list-style-type: none"> • office visit 	\$20 copay per visit after you meet the deductible	40% coinsurance after you meet the deductible
<ul style="list-style-type: none"> • Outpatient hospital or outpatient facility 	10% coinsurance after you meet the deductible	40% coinsurance after you meet the deductible
Chiropractic Care (Aetna will review periodically to determine appropriateness.)	\$20 copay per visit after you meet the deductible	40% coinsurance after you meet the deductible

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Behavioral Health Care (precertification may be required – please refer to the Precertification section)		
Mental Health Treatment		
<ul style="list-style-type: none"> Inpatient 	After you meet the deductible, you pay \$150 per confinement copay, then 10% coinsurance.	After you meet the deductible, you pay \$150 per confinement copay, then 40% coinsurance.
<ul style="list-style-type: none"> outpatient visit 	\$20 copay per visit after you meet the deductible	40% coinsurance after you meet the deductible
<ul style="list-style-type: none"> outpatient facility 	10% coinsurance after you meet the deductible	40% coinsurance after you meet the deductible
Substance Abuse Treatment		
<ul style="list-style-type: none"> inpatient 	After you meet the deductible, you pay \$150 per confinement copay, then 10% coinsurance.	After you meet the deductible, you pay \$150 per confinement copay, then 40% coinsurance.
<ul style="list-style-type: none"> outpatient visit 	\$20 copay per visit after you meet the deductible	40% coinsurance after you meet the deductible
<ul style="list-style-type: none"> outpatient facility 	10% coinsurance after you meet the deductible	40% coinsurance after you meet the deductible

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Summary of Aetna Vision PreferredSM Benefits

This chart summarizes the optional vision benefits available through Aetna Vision Preferred:

Covered Services	In-Network* You Pay	Out-of-Network** You Pay
Exams		
Routine Eye Exam <ul style="list-style-type: none"> one per calendar year 	\$20 copay Not subject to deductible	Up to \$40 reimbursement
Standard Contact Lens Fit/Follow-up	Discounted Fee	Not covered
Premium Contact Lens Fit/Follow-up	Discounted Fee	Not covered
Frames and Lenses Lenses <i>or</i> contacts every calendar year Frames every two years		
Frames	\$130 allowance. You receive a 20% discount on the balance	Up to \$45 reimbursement
Standard Plastic Lenses <ul style="list-style-type: none"> Single vision Bifocal Trifocal Lenticular Standard progressive Premium progressive¹ 	\$0 copay; Plan pays 100% \$0 copay; Plan pays 100% \$0 copay; Plan pays 100% \$0 copay; Plan pays 100% \$65 copay; then the Plan pays 100% \$65 copay plus a 80% of the retail cost, minus \$120 allowance	Up to \$40 reimbursement Up to \$60 reimbursement Up to \$80 reimbursement Up to \$80 reimbursement Up to \$60 reimbursement Up to \$60 reimbursement
Lens options <ul style="list-style-type: none"> UV treatment Tint (solid and gradient) Standard plastic scratch coating Standard polycarbonate Standard anti-reflective coating Polarized Other add-ons 	\$15 copay \$15 copay \$0 copay; Plan pays 100% \$0 copay; Plan pays 100% \$45 copay; Plan pays 100% 20% discount applies to retail cost 20% discount applies to retail cost	Not covered Not covered Not covered Not covered Not covered Not covered Not covered

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Covered Services	In-Network* You Pay	Out-of-Network** You Pay
Contact Lenses ³		
<ul style="list-style-type: none"> • Conventional 	\$125 allowance. 15% discount on remaining balance	Up to \$125 reimbursement
<ul style="list-style-type: none"> • Disposable 	\$125 allowance. You pay 100% of balance over the allowance	Up to \$125 reimbursement
<ul style="list-style-type: none"> • Medically Necessary 	\$0 copay; Plan pays 100%	\$200 reimbursement
Laser Vision Correction Lasik or PRK from U.S. Laser Network ²	15% discount off retail cost or 5% off promotional price	Not covered

¹ Premium progressives and premium anti-reflective Brand designations are subject to annual review and change based on market conditions.

² Lasik or PRK from the U.S. Laser network, owned and operated by LCA Vision.

³ Out of network reimbursement is for materials only.

If there are discrepancies between this summary document and the Summary Plan Description, the Summary Plan Description document governs.

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