

Preventive dental care can help reduce health risks

Aetna Dental®

Stay healthy with enhanced dental benefits

Research shows that treating gum disease may lessen the severity of some serious medical conditions and may reduce the risk of complications.¹

As a member of our dental plan, we want to make sure you have the information you need to make informed decisions about your health care. If you are pregnant or have diabetes or heart disease, your dental plan will automatically cover an extra cleaning or visit to a dentist to treat gum disease.*

If you have one of these conditions or are pregnant and would like to enroll in these enhanced benefits, please call us at **1-800-779-3357** Monday through Friday, 8 a.m. to 6 p.m. ET. A dental care coordinator will be happy to assist you.

See a dentist for better health

The American Dental Association recommends regular dental checkups to maintain the best oral health. We encourage you to use your Aetna Dental benefits to help keep you as healthy as possible. Please note that your Aetna dental plan may or may not cover all your dental expenses. Consult your plan documents for details.

A visit to the dentist is strongly recommended if you have any of the following:

- Bleeding gums
- Gums that appear to be receding
- Persistent bad breath
- Shifting or loose teeth

Periodontal disease has been linked to heart disease, diabetes and preterm birth.¹

*The Aetna Dental/Medical IntegrationSM enhanced benefits may not be available in all states.

¹American Academy of Periodontology. Available at: www.perio.org/consumer/gum-disease.htm. Accessed August 1, 2015.

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Colorado: This policy DOES NOT include coverage of pediatric dental services as required under federal law. Coverage of pediatric dental services is available for purchase in the State of Colorado, and can be purchased as a stand-alone plan, or as a covered benefit in another health plan. Please contact your insurance carrier, agent or Connect for Health Colorado to purchase either a plan that includes pediatric dental coverage, or an Exchange-qualified stand-alone dental plan that includes pediatric dental coverage.

Policy forms issued in Idaho and Oklahoma include: GR-9/GR-9N, GR-23 and/or GR-29/GR-29N.